

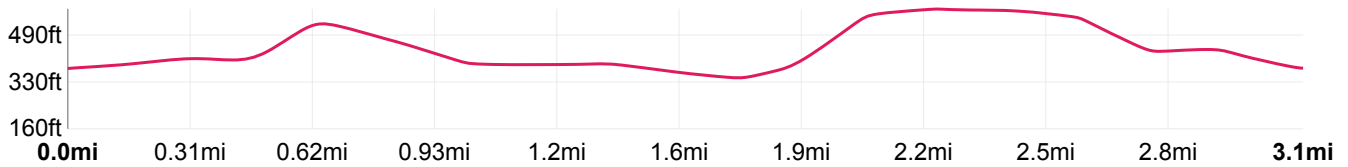
Route Information

Route Name Golden Cross Short Hash

Route Summary

Total Distance	3.1mi (5.0km)	Walk	1h 34min
Elevation	342x at lowest point	Run	27min
	584x at highest point	Cycle	15min
Total Ascent	441x		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SU 814 980	0.00mi	51° 40' 30" N	0° 49' 23" W	375x
	Dist to next: 3.13mi, Bearing to next: 299°, Ascent to next: 441x				
2	SU 814 980	3.13mi	51° 40' 30" N	0° 49' 25" W	376x